



## COURSE CATALOG

### **Standard 7-Week Course: \$225\***

**Course Cost:** Registration includes access to pre-recorded instructional videos, repertoire scores, audio recordings, class forum, instructor assessments, and at least two ½-hour online live practice sessions each week.

**Live Practice Sessions:** Students should plan to attend 1 -2 live practice sessions a week after they have done some of the coursework for the week and have questions or are prepared to practice some of the skills learned in the coursework.

**Class Transfer Policy:** Students have 10 days from the start of each academic term to transfer into a lower or higher-level course, with no charge, at the permission of the instructor(s).

**Withdrawal/Refund Policy:** The cost of each course includes a \$25 deposit, which consists of a \$5 processing fee and a \$20 evaluation fee. If a student withdraws within 10 days of the beginning of the academic term and they have *not* been administered a placement evaluation by an instructor, they will receive a full refund, minus the \$5 processing fee. If a student *has* had a placement evaluation administered, the cost of that evaluation will also be subtracted, for a refund of \$200 (\$225 - \$5 processing fee - \$20 evaluation fee). There will be no refunds after 10 days from the start of the academic term.

\* For group discount inquiries, please contact us at [info@trisagionschool.org](mailto:info@trisagionschool.org).

## 2020/2021 Academic Program

3rd Term 2020 (T3-2020): August 31- October 18, 2020

---- 1-Week Fall Break ----

4th Term 2020 (T4-2020): October 26 - December 13, 2020

---- Nativity Break ----

1st Term 2021 (T1-2021): January 11 - February 28, 2021

---- Lenten Break ----

2nd Term 2021 (T2-2021): May 10 - June 27, 2021

---- Summer Break ----

## Course Descriptions

### Byzantine Beginnings

#### **ByzB 101: Parallage, Scales and Basic Vocal Technique**

In this course, students will study two model melodies (automela) and learn to chant them with the text of the hymn and parallagi (solfege). Students will learn about the different modes and scales in Byzantine chant and study the intervals of the Diatonic and Hard Chromatic scales. They will also study the basics of good vocal technique.

Prerequisite(s): None.

*Class Dates: August 31 - October 18, 2020 (3rd Term 2020)*

*Live Practice Sessions (all times Eastern):*

*Mondays 8:30 – 9:30 pm*

*Tuesdays 11 – 11:30 am*

*Wednesdays 9 – 9:30 pm*

*Thursdays, 8:30 – 9 pm*

*Thursdays 10 – 10:30 pm*

#### **ByzB 102: Introduction to Byzantine Notation**

In this course, students study the foundational symbols needed to read a syllabic hymn in Byzantine notation. Students will study intervallic symbols, qualitative symbols, rhythmic symbols, and symbols that indicate the mode and scale. Students will begin reading hymns on parallagi (solfege) in the 1st, 2nd, and 4th modes.

Prerequisite(s): ByzB 101 (Parallage, Scales and Basic Vocal Technique) or equivalent.

*Class Dates: October 26 - December 13, 2020 (4th Term 2020)*

*Live Practice Sessions: TBD*

### **ByzB 103: Byzantine Notation - Basic Reading Fluency**

Having completed the two previous Byzantine Beginnings courses, students will have already learned most of the symbols of Byzantine notation. This course will focus on developing reading fluency on parallagi (solfege) in syllabic hymns. Students will also study more advanced rhythms as found in sticheraric hymns. Upon completion of this course, students will be well-prepared to begin systematically studying the eight modes.

Prerequisite(s): ByzB 102 (Introduction to Byzantine Notation) or equivalent.

*Class Dates: January 11 - February 28, 2021 (1st Term 2021)*

*Live Practice Sessions: TBD*

## **Octoëchos (The 8 Modes)**

The eight Octoëchos courses serve as a systematic primer in the theoretical and practical aspects of the eight modes of Byzantine Chant. Each mode is studied within the context of the Anastasimatarion, that is, the Resurrectional hymns of Saturday night Vespers and Sunday morning Orthros. Upon completing all of the Octoëchos courses, a student will be proficient in all eight modes in their heirmologic and sticheraric forms.

Prerequisite(s): All of the Octoëchos courses require ByzB103 (Basic Reading Fluency) or an equivalent course of study. Also, while it may be helpful for a student to take the Octoëchos courses sequentially, one Octoëchos course is not a prerequisite to another. For example, a student may study Plagal of the 1st Mode before 1st Mode.

### **Octoëchos 201: 1st Mode**

*Class Dates: 3rd Term 2020 (August 31- October 18, 2020)*

*Live Practice Sessions: Tuesdays & Thursdays, 8:30-9 pm ET*

### **Octoëchos 205: Plagal of the 1st Mode**

*Class Dates: 1st Term 2021 (January 11 - February 28, 2021)*

*Live Practice Sessions: TBD*

### **Octoëchos 208: Plagal of the 4th Mode**

*Class Dates: 2nd Term 2021 (May 10 - June 27, 2021).*

*Live Practice Sessions: TBD*

### **Octoëchos 204: 4th Mode**

*Class Dates: 3rd Term 2022 (Sep-Oct). Exact dates and live practice sessions TBD.*

### **Octoëchos 203: 3rd Mode**

*Class Dates: 1st Term 2023 (Jan-Feb). Exact dates and live practice sessions TBD.*

### **Octoëchos 207: Grave Mode**

*Class Dates: 3rd Term 2023 (Sep-Oct). Exact dates and live practice sessions TBD.*

### **Octoëchos 206: Plagal of the 2nd Mode**

*Class Dates: 1st Term 2024 (Jan-Feb). Exact dates and live practice sessions TBD.*

### **Octoëchos 202: 2nd Mode**

*Class Dates: 3rd Term 2024 (Sep-Oct). Exact dates and live practice sessions TBD.*

## **Automela (Model Melodies)**

These two courses serve as a systematic study of the model melodies (*automela*) which serve as the musical and metrical basis for other hymns (*prosomia*). Students will learn two automela per week, studying the hymns from both musical score and text and then applying those melodies to other texts while taking into account small rhythmical or melodic changes that may be necessary. The thirty automela covered in these two classes, in addition to those studied in the Byzantine Beginnings and *Octoëchos* courses, constitute all of the automela used for Kathismata, Apolytikia, Stichera, and Exaposteilaria. Thus, upon completion, students will be able to perform the majority of hymns found in the liturgical books of the Orthodox Church without the need for a musical score.

Prerequisite(s): ByzB 103 (Basic Reading Fluency) or equivalent.

### **Automela 201: Model Melodies, Part 1**

*Class Dates: 2nd Term 2021 (May 10 - June 27, 2021)*

*Live Practice Sessions: TBD*

### **Automela 202: Model Melodies, Part 2**

*Class Dates: 2nd Term 2022 (May-June). Exact dates and live practice sessions TBD.*

## **Festal Menaion**

The five Festal Menaion courses constitute a systematic study of the hymnography of Vespers, Orthros, and Divine Liturgy for the major feasts of Christ and the Theotokos.

Prerequisite(s): Octoëchos 201 through 208 or equivalent.

### **Festal Menaion 301**

This course will study the hymnography of the feasts of the Nativity of the Theotokos (September 8th) and the Elevation of the Cross (September 14th).

*Class Dates: 3rd Term 2020 (August 31- October 18, 2020)*

*Live Practice Sessions:*

*Mondays at 9:30 – 10 PM ET*

*Wednesdays 6:30 – 7 pm ET*

### **Festal Menaion 302**

This course will study the hymnography of the feasts of the Entry of the Theotokos (November 21st) and the Nativity of Christ (December 25th).

*Class Dates: 4th Term 2020 (October 26 - December 13, 2020)*

*Live Practice Sessions TBD.*

### **Festal Menaion 303**

This course will study the hymnography of the feasts of the Theophany (January 6th) and the Presentation of Christ (February 2nd).

*Class Dates: 1st Term 2021 (January 11 - February 28, 2021)*

*Live Practice Sessions: TBD*

### **Festal Menaion 304**

This course will study the hymnography of the feast of the Annunciation of the Theotokos (March 25th) and the Transfiguration of Christ (August 6th).

*Class Dates: 2nd Term 2021 (May 10 - June 27, 2021).*

*Live Practice Sessions: TBD*

### **Festal Menaion 305**

This course will study the hymnography of the feast of the Dormition of the Theotokos (August 15th), as well as the Small and Great Paraklesis services that are chanted from August 1st to August 14th.

*Class Dates: 2nd Term 2021 (May 10 - June 27, 2021).*

*Live Practice Sessions: TBD*

## **The Papadic Genre**

The three Papadic courses constitute a systematic study of the slow melismatic (“papadic”) genre of Byzantine Chant repertoire and will focus entirely on Cherubic Hymns and Communion Hymns - the most common and essential representatives of this melodic style.

### **Papadic 401**

This course functions as an introduction to the slow melismatic (“papadic”) genre of Byzantine Chant. Students will study the characteristics of each mode’s papadic form and will focus on one representative composition of each mode in this genre. Repertoire will be analyzed in terms of modal theory/intervals, melodic structure/morphology, liturgical execution, and other related topics.

Prerequisite(s): Octoëchos 201 through 208 or equivalent.

*Class Dates: 3rd Term 2020 (August 31- October 18, 2020)*

*Live Practice Sessions: TBD with student input, Please note that this is an 8-week course and there will be no break before T4.*

### **Papadic 402**

This course functions as an in-depth study of papadic repertoire in the 1st, Plagal of the 1st, 4th, and Plagal of the 4th Modes. Students will study one Cherubic Hymn and one Communion Hymn in each of the aforementioned modes, analyzing each selection in terms of modal theory/intervals, melodic structure/morphology, liturgical execution, and other related topics.

Prerequisite(s): Papadic 401 or equivalent.

*Class Dates: 1st Term 2021 (January 11 - February 28, 2021)*

*Live Practice Sessions: TBD*

### **Papadic 403**

This course functions as an in-depth study of papadic repertoire in the 2nd, Plagal of the 2nd, 3rd, and Grave Modes. Students will study one Cherubic Hymn and one Communion Hymn in each of the aforementioned modes, analyzing each selection in terms of modal theory/intervals, melodic structure/morphology, liturgical execution, and other related topics.

Prerequisite(s): Papadic 402 or equivalent.

*Class Dates: 2nd Term 2021 (May 10 - June 27, 2021).*

*Live Practice Sessions: TBD.*

## **Typikon (Order of Services)**

### **Typikon 101: The Cycles of Services**

In this course, students will learn how to build services for every day using the Great Horologion, Octoechos, Menaion, and - when appropriate - the Triodion or Pentecostarion, using the Typikon of Protosaltis Georgios Violakis as a guide. Students will also learn the history of various other Typika (the plural of Typikon) and the differences between these Typika. Typikon 101 will focus on the Sunday and Festal Cycle of services, as those are the most commonly chanted in parishes.

Prerequisite(s): None.

*Class dates TBD.*

### **Typikon 201: Vespers and Orthros**

Description coming soon.

*Class dates TBD.*

### **Typikon 301: Festal Services**

Description coming soon.

*Class dates TBD.*

## **Vocal Production Modules**

### **Vocal Production 101**

Students focus on the craft of singing in this class. They will learn how their voice works and how to maintain vocal health. They will begin the process of learning to feel, monitor, and control parts in their larynx and upper body that contribute to vocal quality and volume. In this class students study the torso, head and neck posture, tongue placement, the true vocal folds (moving from different vocal qualities high and low), and the false vocal folds.

Note: This content is also covered in ByzB 101. 7-Week Module cost: \$100

*Class Dates: 4th Term 2020 (October 26 - December 13, 2020)*

*Live Practice Sessions: TBD*

### **Vocal Production 102**

Students continue their study of how the voice works. They study how the soft palate, aryepiglottic sphincter, larynx, lips, jaw, cricoid cartilage, and thyroid cartilage affect sound quality while working to develop control of them.

Prerequisite(s): Vocal Production 101 or ByzB 101. 7-Week Module cost: \$100

*Class Dates: 1st Term 2021 (January 11 - February 28, 2021)*

*Live Practice Sessions: TBD*

## **Tentative Course Schedule**

| <b>T3-2020 Sept/Oct</b>                     | <b>T4-2020 Nov/Dec</b>                 | <b>T1-2021 Jan/Feb</b>                            | <b>T2-2021 May/June</b>                     |
|---|--|---|---|
| ByzB 101<br>Oct 201<br>Fest 301<br>Papa 401 | ByzB 102<br>Vocal Prod 101<br>Fest 302 | ByzB 103<br>Oct 205<br>Vocal Prod 102<br>Fest 303 | Oct 208<br>Auto 201<br>Fest 304<br>Fest 305 |

| <b>T3-2021 Sept/Oct</b>         | <b>T4-2021 Nov/Dec</b> | <b>T1-2022 Jan/Feb</b> | <b>T2-2022 May/June</b> |
|---------------------------------|------------------------|------------------------|-------------------------|
| ByzB 101<br>Oct 204<br>Papa 402 | ByzB 102<br>Papa 403   | ByzB 103<br>Oct 203    | Auto 202                |